



CET CryoSpas

RESEARCH | DESIGN | PERFORMANCE

CET CryoSpas

## Testimonials

### Widnes Vikings (English Super League)

"The CET CryoSpa... has been **invaluable in helping the management of fatigue and recovery** in our squad of players. Colin was able to provide us with a high quality product that was fitted into a difficult space - the solutions that he provided were much better than the concept that we had originally planned!

The product was installed very quickly. The daily maintenance is minimal and fits easily into our busy schedules. All the players use the spa at least twice a week, and feel that **it really aids their recovery** - when you consider the performance demands that are placed upon the squad, it can be seen why this is so important!

I would happily recommend Colin and the CET CryoSpa to anyone who is working with performance athletes."  
Clive Brewer, Head Strength & Conditioning Coach, Widnes Vikings

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### Hull FC (English Super League)

"The CET Cryospa is not just an ice bath but a **whole new therapy**. It's brilliant, **absolutely brilliant!**" reports Paul Devlin, Strength & Conditioning Coach for Hull FC. "I am really pleased to have one. The players love it."

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### Fulham Football Club (English Premier League)

The CET CryoSpa formed an integral part of the recovery strategy for Fulham Football Club (English Premier League Soccer Club) in their run up to the 2010 Europa League Final in Hamburg.

"When used in conjunction with our standard modalities we observed a **positive effect on player recovery both physically and mentally**." Martin O'Connell, Physiotherapist and Mark Taylor, Head of Sports Medicine and Exercise Science, Fulham Football Club. May 2010

Since May, Fulham have acquired **two additional CET CryoSpas**: a second for the training facility and one for Craven Cottage [the stadium] confirming their view that the CET CryoSpa is the best on the market.

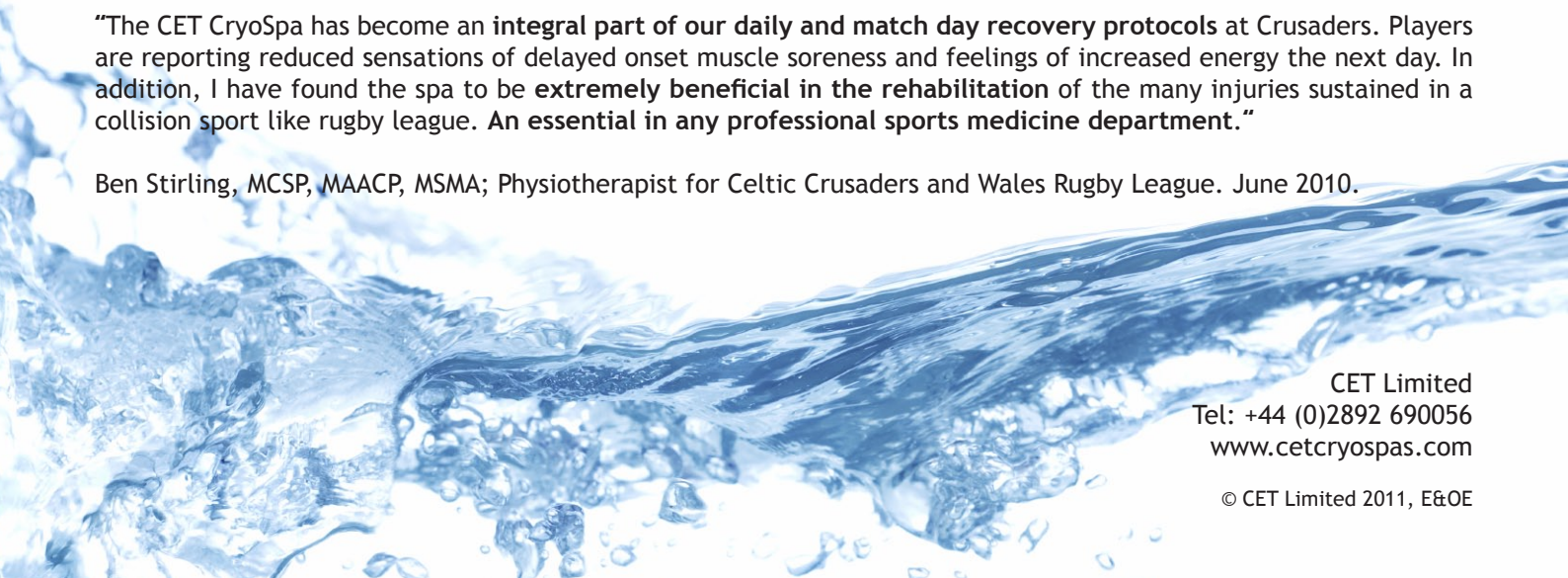
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### Celtic Crusaders Rugby League Club (English Super League)

When Celtic Crusaders first came across the CET CryoSpa, both the medical team and the players immediately recognised it was a vast improvement on their ice baths and swiftly acquired a unit for their own training facility.

"The CET CryoSpa has become an **integral part of our daily and match day recovery protocols** at Crusaders. Players are reporting reduced sensations of delayed onset muscle soreness and feelings of increased energy the next day. In addition, I have found the spa to be **extremely beneficial in the rehabilitation** of the many injuries sustained in a collision sport like rugby league. **An essential in any professional sports medicine department.**"

Ben Stirling, MCSP, MAACP, MSMA; Physiotherapist for Celtic Crusaders and Wales Rugby League. June 2010.



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